

ACTIVITY

GRANDPARENTS DAY



Image by [Pollyana Ventura](#) from [Pixabay](#)

A Time for Togetherness

When I think of Grandparents Day, which occurs on Sunday September 12th, I think of comfort. Comfort in tradition, comfort in stories, and comfort in making memories with family members of the older generation. There is so much to learn from them. It almost seems like time slows down enough to let us take in the smallest moments.

For us parents, it's a time to have a break. It's not that we don't love our children. However, it's nice to take a breath, read a book, enjoy a HOT cup of coffee, and

maybe do some things WE want to do. Plus, it makes my heart swell when I see my child look at their grandparents with love in their eyes. There is nothing like it.

This would be a great opportunity to have your children connect with their grandparents and I am sure your parents won't hesitate to step in and take advantage of this time! So, if your child's grandparents are looking for some things to do, or, maybe they just need a refresher in hanging out with the kids for a day, check out some ideas below!

Making the Connection

1. **Make some food.** Have them break out an old cookbook, or a recipe only found in Grandma's brain and get to cooking! Cooking is also a great way for children to talk about science and math. Teach them about temperature, measurements, time and most importantly: The LOVE it takes to make it!
2. **Read some books.** See if your parents, or maybe you, can dust off some of your old childhood books in the attic. Was there a favorite one that you read or one that was read to you as a child? Nostalgia can go a long way, in helping to make connections between generations.
3. **Go on a walk down memory lane.** If your parents are anything like mine, they have boxes and boxes of memorabilia, photos, and my old stuffed animals they swear they will give to me one day. Have your parents sift through these treasures with your little ones. The stories are sure to put a smile on their faces.
4. **Have your child try out THEIR hobby.** Forget the XBOX and VR Goggles. Step back in time to good old fashioned hobbies. My grandfather loved to work in his wood shop. I can still smell his pipe while he sanded away the imperfections of wood as he was making countless cherished items for our family. Or, maybe your mother likes to crochet. Now, your child might not be old enough to hold crochet hooks, but maybe they can help unspool the yarn. All our children want to do is get involved and feel needed. Let your parents know that! Show your children a video of what they may have to

look forward to on [youtube](#) by clicking on the link and typing in your parents hobby.

5. **Go to the park.** If your grandparents are still able to be active, ask them to take your child to a local park. Getting outdoors and enjoying the sunshine will do good for all.

Grade Levels:

- PreK through High School

Age Levels:

- PreK 3-5 yrs (preschool)
- 5-6 yrs (kindergarten)
- 6-8 yrs (primary)
- 9-11 yrs (elementary)
- 11-14 yrs (middle school)
- 14-18 yrs (high school)

Tags:

- Current events
- Parent-led activity
- Social-emotional learning

Developer:

Lauren McNeely

Credit:



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