

ACTIVITY

EARTH DAY IS EVERYONE'S DAY



Image by [acky24](#) from [Pixabay](#)

APRIL 22ND IS AN IMPORTANT DAY FOR THE PLANET. This is the day that people all over the world focus on the importance of protecting our planet. Earth Day is a reminder to all of us that we have a responsibility to take care of our

precious home and ensure a safe and clean living environment for today and in the future.

Earth Day originated in the United States in 1970 as a way to promote environmental awareness. It has grown every year since then and officially went global in 1990. Today, Earth Day is a worldwide movement that involves more than 1 billion people in 192 countries.

EARTH DAY IS EVERYONE'S DAY BECAUSE EVERYONE LIVES ON EARTH.

Every single person in every corner of the world depends on this planet and the resources it provides. We need every individual to understand the challenges and to be empowered to support our Earth home through collective actions that result in positive change.

ENGAGE YOUR FAMILY IN EARTH DAY THIS YEAR & EVERY YEAR.

1. Visit the [EarthDay.org](https://www.earthday.org) web site. There you can learn more about global efforts to improve our planet. Be sure to check out their [Take Action](#) link for suggestions on what you can do at home to help.
2. Watch the [This is Why We Celebrate Earth Day video](#) (grades 3-12) or the [Let's Celebrate Earth Day video](#) (Pre-K-3rd) for a quick overview of this important event and to get inspired to celebrate Earth Day.
3. **Pick up trash.** Turn a family outing to a local park or a neighborhood walk into a clean-up activity. Show your children how to safely gather trash and discard it properly.
4. Examine your **home recycling efforts**. Teach children what items can be recycled and how to sort and discard them appropriately. Delegate recycling jobs to children and teens who are old enough to take on these responsibilities.
5. **Do crafts** with your children using recycled materials. See [Imagine it. Make It!](#), [Recycled Robots](#), and [Let's Invent](#) for starters.

6. Focus on **water conservation**. According to the Environmental Protection Agency (EPA), a typical family of four in the United States uses about 400 gallons of water in ONE day! Learn more about ways to save water at the EPA's [WaterSense for Kids](#) site.
7. Teach your children how they can **save energy** at home by turning off lights and devices when not in use. Discuss the benefits of turning down the thermostat in winter and wearing an extra layer instead.
8. **Read a book** with your children that focuses on nature or environmental issues. For young children, there are lots of read-aloud books available online such as [Earth Day Every Day](#) by Lisa Bullard and [We Are Water Protectors](#) by Carole Lindstrom.
9. Explore programs offered by state parks or nature-focused organizations in your area. Many communities have free or low-cost programs to promote environmental awareness and appreciation. Try searching **environmental education programs near me** on the web.
10. Promote an appreciation for living things and the wonders of our planet by **spending time outdoors** with your children - young and old. Take a nature hike. Observe insects, trees, or flowers closely. Track how many types of birds you can find together. Start a rock collection. Plant a garden or flower pot. Go on a picnic. Simply enjoy nature!

Grade Levels:

- PreK through High School

Age Levels:

- PreK 3-5 yrs (preschool)
- 5-6 yrs (kindergarten)
- 6-8 yrs (primary)
- 9-11 yrs (elementary)
- 11-14 yrs (middle school)
- 14-18 yrs (high school)

Tags:

- Current events
- Environment
- Fine motor skills
- Gross motor skills
- Health and wellness
- Science
- Social-emotional learning

Developer:

Sharon Brusic

Credit:



[Creative Commons License](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Attribution-NonCommercial-ShareAlike

CC BY-NC-SA

Credit: ConnectionSpot.org on 04/20/2021