

Resource

FOR PARENT OR CAREGIVER

TEACHING YOUR CHILD ABOUT BLACK HISTORY



Ekavesh for Pixabay

For too long, Black History has been ignored and erased. While studying this important topic shouldn't be contained to just one month, it does provide us with the opportunity to teach ourselves and our children about the many accomplishments and contributions that African Americans have made. Below are some valuable resources to assist you. There are too many to review in just one day so we recommend exploring them throughout this month and beyond.



To learn more about how [Carter G. Woodson](#), also known as the “Father of Black History,” and the founder of Black History Week (which later was expanded to Black History Month), see [This Is How February Became Black History Month](#).

While Carter Woodson is one important figure, there are many more to explore. PBS for Kids assures us that it’s never too early to begin [Celebrating Black Leaders](#) especially with young children. [Videos about Black leaders](#) can be a great way to introduce these historical figures. Nefertiti Autsin of PBS also gives suggestions for [Teaching Children About Black History](#) by providing a list of [books celebrating Black culture](#) and offering suggestions for [exploring Black history through art](#).



Black Artist: [Jacob Lawrence](#)

Sangine Corriellus, for Parade Magazine, describes [How To Talk To Your Kids About Black History Month—And 25 Ways To Honor It](#). Specifically, she shares several resources such as a list of activities that you can do with your kids including: 1) visiting a museum (For Virtual Options See: [Can’t Travel? These Places Are Bringing Black History to You](#)), 2) writing letters to a favorite historical person (See: [Famous African Americans](#) and [Important Black Women in American History](#)), or 3) creating an “I have a dream” mobile that depicts what the world would be like without racism, to name a few. She also shares a great website for [the Conscious Kid](#), an organization that aims to promote healthy racial identity development for children and youth.

Amanda Williams suggests that you [Celebrate Black History Month by Educating Your Kids & Yourself](#). Williams provides several steps to accomplish this by: 1) explaining why Black History is important, 2) reading up on diversity, 3) watching history together, 4) inviting kids to listen to inspiring Black musical artists, 5) teaching kids about Black icons, and 6) exploring additional sites such as:

[The National Museum of African American History & Culture](#)

[National Archives](#)

[The 1619 Project](#)

[African American Museum in Philadelphia](#)

[Ferris State University's Jim Crow Museum](#)

[11 surprising Black History Facts to Teach your Kids](#)



[Elizabeth Cecil](#) @ Pixabay

Whether you are celebrating your own heritage or not, it is important for you and your family to have a better understanding of our shared history. In summary, African American history is American history. To learn more, you don't have to do it all, just start small, and pick an activity or idea that you and your child will enjoy most.

Tags:

- Current events
- Difficult conversations
- Race
- Racism
- Social studies

Grade Levels: Pre-K through High School

Age Levels: Choose from this list. Delete those that do NOT apply.

- Pre-K 3-5 yrs (preschool)
- 5-6 yrs (kindergarten)
- 6-8 yrs (primary)
- 9-11 yrs (elementary)
- 11-14 yrs (middle school)
- 14-18 yrs (high school)

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Credit:



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